

**PUGWASH GROUND SEARCH AND RESCUE AND ORIENTEERING  
ASSOCIATION OF NOVA SCOTIA present our second  
*STORM the MOUNTAIN ADVENTURE*  
*CHALLENGE (Feb 6<sup>th</sup>, 2016)***

If you are looking for an extreme winter adventure that will challenge your endurance and navigation skills, then Pugwash Ground Search and Rescue (PGSAR) and the Orienteering Association of Nova Scotia (OANS) invite you to participate in the second **Storm the Mountain Adventure Challenge (SMAC)**. SMAC will take place on **February 6, 2016** (poor weather date February 20, 2016) in Wentworth, Cumberland County NS. Funds raised will be used to support upgrades to the PGSAR's Building.



**Location**

The challenge will start and end at the International Hostel in Wentworth (HI Wentworth). Access is off Highway 4 approximately 48 km northwest of Truro and 67 km east of Amherst. Turn either left or right onto Valley Road, travel about 1 km to Wentworth Station Road and then follow the sign to the Hostel (for additional information refer to [www.hihostels.ca](http://www.hihostels.ca)).

**Description**

Wentworth Mountain, nestled within the Cobequid Hills contains a diverse and mature mixture of hardwood and softwood trees amongst numerous peaks and valleys. A network of 25 km (+) trails, combined with open forest provides almost limited hiking/snow shoeing and cross-country skiing options. While the area is beautiful, it also presents challenge in terms of both weather and topography. Some things to consider:

- Elevations range from approximately 100 to 300 metres with steep inclines and descents.
- Wentworth typically experiences colder temperatures and greater snowfall than surrounding areas.
- There will be two race time events: 4 hours and 8 hours
- PGSAR will patrol the area and provide 3 support stations with extra water and warmth

**Event Details – (Registration Form attached)**

You may choose to participate in either a 4-hour or 8-hour event within one of the following four challenges:

- Challenge 1 – Emergency Responders and SAR
- Challenge 2 – Public Competitive
- Challenge 3 – Public Recreational
- Challenge 4 – Armed Forces

## Schedule

**Note: you may want to sign in early to allow time to review the map**

### 8-hour events

- 0600 - 0700 Sign in and receive the course map
- 0630 - 0730 Equipment check
- 0815 Mandatory pre-challenge briefing at Start Area; punch cards distributed
- 0830 Start
- 1630 End

### 4-hour events

- 1000 - 1100 Sign in and receive the course map
- 1030 - 1130 Equipment check
- 1145 Mandatory pre-challenge briefing at Start Area; punch cards distributed
- 1200 Start
- 1600 End

**1630 – 1800 Food and prizes/awards at the Hostel!! No need to be present to receive your prize.**

## Fees (CAD\$) – per participant

	<u>4 hours</u>	<u>8 hours</u>
Emergency Responders & SAR	\$25	\$40
Public Competitive	\$30	\$50
Public Recreational	\$30	\$50
Armed Forces	\$25	\$40
 **Under 18 years (youth)	 \$20	 \$20

### **Notes:**

- **Youth under 18 must be accompanied by an adult;**
- **Minimum number in a team is 2 (no maximum);**
- **Full refunds if the event does not run on Feb 6<sup>th</sup> or 20<sup>th</sup> as determined by the Meet Director. Half refunds for participant cancellation; and,**
- **Cancellation will be announced on the Halifax Website and PGSAR Facebook page.**

## Accommodations (if required)

1. **HI-Wentworth** – 249 Wentworth Station Road, RR#1 Wentworth NS; 902-548-2379; email: [Wentworth@hihostels.ca](mailto:Wentworth@hihostels.ca)
2. **Hillcrest View Inn** – 11054 Highway 6, South Pugwash; 902-243-2727; email: [info@hillcrestview.ca](mailto:info@hillcrestview.ca)
3. **Inn the Elms** – 10340 Durham Street Pugwash; 902-243-2885; email: [lnntheelms@ymail.com](mailto:lnntheelms@ymail.com)
4. **Jubilee Cottage Inn** – 13769 Route 6 Wallace NS; 902-257-2432; email: [jubileecottage@ns.sympatico.ca](mailto:jubileecottage@ns.sympatico.ca)
5. **Parkview Family Restaurant & Inn** – 4670 Main Street Oxford; 902-447-2258; email: [info@the-parkview.com](mailto:info@the-parkview.com)

## Mandatory gear

1 L water, whistle, compass, knife, watch, waterproof or moisture protected matches and a cell phone (min of one phone per team fully charged). Snowshoes permitted.

## Questions?

Questions should be directed to Greg Nix (Meet Director and former president of OANS); email: [gregalvina@yahoo.ca](mailto:gregalvina@yahoo.ca) or 902-243-3295

FEATURING THE ORIGINAL Nova Scotia MAXI-MOOSE ROGAINE COURSE PLANNER/  
SETTER AND AUTHOR OF SEVERAL HIKING BOOKS: **MICHAEL HAYNES**



**PGSAR AND ORIENTEERING ASSOCIATION OF NOVA SCOTIA**  
**STORM the MOUNTAIN ADVENTURE CHALLENGE**  
**REGISTRATION FORM** (online registration not available)

Please complete and return with applicable fees (money order, cheque or bank draft payable to Pugwash Ground Search and Rescue) no later than January 27, 2016 to:

***Pugwash Ground Search and Rescue***  
***C/O Theresa Rushton***  
***2688 Highway 368***  
***RR#3 Wallace NS B0K 1Y0***

**Team Name:** \_\_\_\_\_

**Challenge: (rates are per person)**

	<u>4-hour</u>	<u>8-hour</u>
Challenge 1 – Emergency Responders and SAR	_____ (\$25)	_____ (\$40)
Challenge 2 – Public Competitive	_____ (\$30)	_____ (\$50)
Challenge 3 – Public Recreational	_____ (\$30)	_____ (\$50)
Challenge 4 – Armed Forces	_____ (\$25)	_____ (\$40)

***Note 1: the fees are per participant***

***Note 2: the youth (under 18 years of age) fee for both 4 and 8 h-hour events is \$20***

Team Captain \_\_\_\_\_ (Cell # \_\_\_\_\_)

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone No: \_\_\_\_\_

E-mail: \_\_\_\_\_

Member \_\_\_\_\_

E-mail \_\_\_\_\_

Member \_\_\_\_\_

E-mail \_\_\_\_\_

Member \_\_\_\_\_

E-mail \_\_\_\_\_

Member \_\_\_\_\_

E-mail \_\_\_\_\_

**Amount Enclosed:** \_\_\_\_\_

