## Control Analysis E2C 2014

## Introduction

The 2014 Version of the E2C returned to the forestry lands south of Halifax International airport for a second year following a well-received 2013 event. The course-planning team worked hard through the fall and winter to open up new areas and improve mapping. The relatively mild early winter allowed easier travel in the woods but prevented the use of frozen lakes for access to some more challenging areas. Heavy snow falls in March/April made for some tough going in the latter stages of the course design. Holding an event in an active forestry area has its challenges. New clear-cutting necessitated some last minute changes to the course.

The 2014 Challenge followed the format of recent years with a variation of tasks. The majority of the 60 controls followed the typical Score-Orienteering Event. The main course map, plotted at 1:25,000 was supplemented by a 1:10,000 Line-Orienteering Challenge map and a 1:10,000 "Distance-Bearing" Challenge Map. In addition, four of the controls had to be plotted by the competitors from the given grid-reference. These additional challenges have proved popular with competitors (from results of postevent surveys) in past years

For those who competed in any of the earlier E2C events held at the old Bowater Mersey location, the most noticeable difference between the two locations is the more compact design of the current course. Fewer roads and trails favour accurate navigation through the woods rather than speed running on roads.

Across all Categories a total of 79 teams started the 8 Hour Event and 65 the 24 hour event. All controls "found" are included in the control analysis, including those found by teams who withdrew or finished over the time limit. Because different tactics are employed in the 8 hour and the 24 hour events a separate analysis was performed for each event.

## Control Analysis

## Number of Hits per Control - 8 Hour Event

As in recent years the 8 hours competitors had "unrestricted" access to all 60 controls. A copy of the master control map is included below or the maps can be viewed at the E2C Website http://ecoendurancechallenge.ca/category/maps/ The relative "compactness" of the course compared to the old Bowater-Mersey location is demonstrated in Figure 1 which shows, somewhat surprisingly, that all 60 of the controls were visited at least once by the 8 hour teams. Control 121 ( 40 point value) was the least popular, visited by only one team, possibly due to its location at the edge of a recent clearcut area. Controls 184 ( 40 points), 175 ( 50 points) and 139 ( 20 points) were the "most popular " - with 54, 46 and 46 "hits" respectively. Their locations relatively close to roads/trails and en-route from the start-finish area probably accounted for these choices.

In the 24 Hour event (Figure 2) all controls were found. The "least found" controls - 233 (4) and 124 (5), were both "Distance-Bearing" controls (see below). The least found "regular" control 175 (6) was rather isolated. As in the 8 hour event control 127 was the most popular, visited by 52 teams.

Figure 1 - Number of Hits per Control (8 hour Event)


## Number of Hits per Control 24 hour Event

In the 24 Hour event (Figure 2) all controls were found. Two teams succeeded in finding all 60 controls with the $3^{\text {rd }}$ and $4^{\text {th }}$ place teams finding 59 and 58 respectively. Given that 3 of these teams finished in the last hour of the event, this result satisfied the course designers that they had set a challenging course for the "elite" competitors. The "least visited" control - 203 - was found by only 8 teams. As in the 8 hour event, controls 184 and 175 were the most visited. As can be seen in figure 2 , the distribution of hits per control was remarkably even this year with 41 of the 60 controls receiving between 20 and 30 "hits", indicating that the different "groupings" of controls were equally popular.

Figure 2 - Number of Hits per Control ( 24 Hour Event)


## Number of Points Scored per Control - 8 hour Event

Teams looking to maximise their score need to balance the chance of finding the control with the control's point value. Table 1 shows the 20 controls yielding the most points for all teams in the 8 hour event. This analysis can also give the course setters an indication of how well the point values were assigned. Control 237, worth 100 points and visited by 24 teams, yielded 2400 points compared to 2160 points for the "most popular" control \#184 (40 points for 54 teams). In the 8 hour event route/control choice plays a big part in the success in the competitive teams. The leading team scored 1460 points, visiting 24 controls - an average of 60 points per control. The $2^{\text {nd }}$ and $3^{\text {rd }}$ placed teams in this category both visited 23 controls, scoring 1090 and 1040 points with "averages" of $\sim 47$ and 45 points respectively.

Table 1 - Top 20 Controls Points Scored 8 Hours Event

| CONTROL | HITS | Point Value | Total Points |
| ---: | ---: | ---: | ---: |
| 237 | 24 | 100 | 2400 |
| 175 | 46 | 50 | 2300 |
| 128 | 27 | 80 | 2160 |
| 184 | 54 | 40 | 2160 |
| 240 | 22 | 90 | 1980 |
| 129 | 21 | 90 | 1890 |
| 130 | 28 | 60 | 1680 |
| 126 | 10 | 140 | 1400 |
| 235 | 15 | 90 | 1350 |
| 127 | 21 | 60 | 1260 |
| 209 | 40 | 30 | 1200 |
| 205 | 18 | 60 | 1080 |
| 250 | 14 | 70 | 980 |
| 195 | 16 | 60 | 960 |
| 139 | 46 | 20 | 920 |
| 248 | 13 | 70 | 910 |
| 197 | 17 | 50 | 850 |
| 200 | 17 | 50 | 850 |
| 243 | 12 | 70 | 840 |
| 189 | 16 | 50 | 800 |

## Number of Points Scored per Control - 24 Hour Event

In the 24 hour event control \#126 yielded 5320 points for 38 hits. The 140 points awarded appears to have been a little too generous for this location. The three highest value controls, \#122 (150 points), \#126 (140) and \#124 (130) located on the southern border of the map were in the top 5 for points yielded. Although approx $9-10 \mathrm{~km}$ from the start/finish their relative ease of access via forest road and trail attracted the runners. In the same "grouping" (see next section) control \#125 (80 points) could be reached by road and trail from the western side of the grouping. Completing the "top 5" in points yielded, controls \#235 and \#240 (both worth 90 points) could be reached within ~ 500 metres of the forest roads.

## Table 2 - Top 20 Controls Points Scored 24 hour Event

| CONTROL | HITS | Point Value | Total Points |
| ---: | ---: | ---: | ---: |
| 126 | 38 | 140 | 5320 |
| 124 | 26 | 130 | 3380 |
| 235 | 35 | 90 | 3150 |
| 240 | 35 | 90 | 3150 |
| 122 | 20 | 150 | 3000 |
| 237 | 29 | 100 | 2900 |
| 175 | 52 | 50 | 2600 |
| 125 | 32 | 80 | 2560 |
| 129 | 28 | 90 | 2520 |
| 128 | 31 | 80 | 2480 |
| 232 | 27 | 90 | 2430 |
| 233 | 27 | 90 | 2430 |
| 184 | 59 | 40 | 2360 |
| 230 | 26 | 90 | 2340 |
| 225 | 25 | 90 | 2250 |
| 224 | 24 | 90 | 2160 |
| 250 | 30 | 70 | 2100 |
| 228 | 29 | 70 | 2030 |
| 229 | 28 | 70 | 1960 |
| 248 | 28 | 70 | 1960 |

## Analysis by Control Grouping

Maximising points scored also involves selecting a route to collect control "groupings" within a relatively small geographical area. There were several options available this year with varying "risk-reward" factors.

The two most obvious "groupings" were those located on the two supplementary 1:10,000 scale maps the Line O and the Distance Bearing exercises.

Line O Analysis -Tables 3a and 3b below display the hits per individual control and the total number of controls found by each team attempting the exercise for the 8 and 24 hour event. This year the Line 0 was located close to the Start area. Surprisingly only 20 teams in the 8 hour event attempted this exercise. In the 24 hour event, 34 of the 65 teams attempted the Line-O. In the 8 hour event only 5 of the 20 teams found all of the controls with controls 219 and 221 being the most elusive. In the 24 hour event of the 12 teams succeeded in finding all 6 controls with a further 5 teams finding 5 out of 6 . For the 24 hour event control 221 proved the most elusive.

Table 3 (a) Hits for Line $O$ Controls 8 hour and 24 Hour

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Line O | 216 | 30 | 15 | 25 |
| Line O | 217 | 30 | 15 | 27 |
| Line O | 218 | 30 | 11 | 25 |
| Line O | 219 | 30 | 8 | 27 |
| Line O | 221 | 30 | 8 | 17 |
| Line O | 222 | 30 | 10 | 23 |

Table 3 (b) Line O Number of Controls Found by Team 8 and 24 hour

|  | LINE O NUMBER OF CONTROLS FOUND |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | ONE | TWO | THREE | FOUR | FIVE | SIX |
| 8 HOUR | 5 | 4 | 1 | 4 | 1 | 5 |
| 24 HOUR | 6 | 4 | 0 | 2 | 10 | 12 |

Distance Bearing Analysis - The Distance Bearing Exercise followed a different format this year. The "Start Control" was indicated on the supplementary 1:10,000 map. The distance/bearing locations of all 5 of the controls was given at the start control. The decision on how to approach each control determined how efficiently the exercise could be completed. Control \# 207, the only other control located within the area of the supplementary map (and close to the "Start Control",) has been included in this grouping on the assumption that all teams who attempted the DB would attempt to find \#207 (but not necessarily vice-versa). From Tables $4 a$ and $4 b$ below, in the 8 hour event, 14 teams attempted the exercise with 8 teams finding all 5 of the controls. In the 24 hour event 30 teams found at least one of the DB controls with 17 teams successfully finding all five of the controls. Control 241 was the most elusive in the 8 hour event while 246 was the least found in the 24 hour event.

Table 4 (a) Hits for Distance Bearing Exercise 8 Hr \& 24 Hr

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Regular Control | 207 | 50 | 14 | 35 |
| Distance Bearing | 241 | 70 | 10 | 21 |
| Distance Bearing | 243 | 70 | 12 | 22 |
| Distance Bearing | 246 | 70 | 11 | 19 |
| Distance Bearing | 248 | 70 | 13 | 28 |
| Distance Bearing | 250 | 70 | 14 | 30 |

Table 4 (b) Distance Bearing Exercise Number of Controls Found by Team 8 Hr \& 24 Hr

|  | DISTANCE BEARING NUMBER OF CONTROLS |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | ONE | TWO | THREE | FOUR | FIVE |
| 8 HOUR | 0 | 1 | 2 | 3 | 8 |
| 24 HOUR | 1 | 6 | 2 | 4 | 17 |

The third "non-standard" control exercise was identifying controls from a grid-reference. This entails plotting the control on the map, usually done before the start of the event. With the exception of control \#163, located relatively close to the Start/Finish, the Grid Reference Controls were not that popular.

Table 5 Hits for the Grid Reference Controls 8 Hr and 24 Hr

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Grid Ref | 131 | 40 | 11 | 20 |
| Grid Ref | 138 | 30 | 9 | 16 |
| Grid Ref | 163 | 30 | 20 | 35 |
| Grid Ref | 262 | 40 | 7 | 15 |

The remaining groups were classified by geographical location (e.g. vicinity of a geographical feature or area of the map) except for the final grouping (Table 12) which was classified as controls likely picked up en-route to start/finish. For the 8 hour event, proximity of the grouping to the start/finish would obviously be a factor in grouping choice though 10 teams considered it worth the effort to make the 8-9 km trek to pick up control \#126 worth 140 points on the southern edge of the map while only 4 of those teams considered it worthwhile or had time to pick up the 3 other high value controls in this grouping. In the 24 hour event there was a remarkably even distribution of teams through these geographical groupings. Ironically, control \#215 located 300 m from the Start, was only visited by 7 teams in the 8 hour event and 12 teams in the 24 hour event. The 10 point value was not sufficient incentive for the fresh minds and legs at the beginning of the event or the tired ones at the end!

Table 6 Hits for Controls in the vicinity of Clump Lake

| GROUPING | Contol | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Clump Lake | 189 | 50 | 16 | 28 |
| Clump Lake | 195 | 60 | 16 | 30 |
| Clump Lake | 197 | 50 | 17 | 26 |
| Clump Lake | 200 | 50 | 17 | 26 |
| Clump Lake | 201 | 40 | 16 | 28 |
| Clump Lake | 202 | 40 | 9 | 25 |
| Clump Lake | 203 | 50 | 3 | 8 |
| Clump Lake | 204 | 60 | 12 | 23 |
| Clump Lake | 205 | 60 | 18 | 25 |

Table 7 Hits for Controls in the vicinity of Griswold Lake

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Griswold Lake | 127 | 60 | 21 | 29 |
| Griswold Lake | 128 | 80 | 27 | 31 |
| Griswold Lake | 129 | 90 | 21 | 28 |
| Griswold Lake | 130 | 60 | 28 | 30 |
| Griswold Lake | 235 | 90 | 15 | 35 |
| Griswold Lake | 237 | 100 | 24 | 29 |
| Griswold Lake | 240 | 90 | 22 | 35 |

Table 8 Hits for Controls in the vicinity of Innis Meadow

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Innis Meadow | 136 | 70 | 7 | 18 |
| Innis Meadow | 210 | 50 | 15 | 39 |
| Innis Meadow | 211 | 30 | 20 | 40 |
| Innis Meadow | 212 | 60 | 13 | 21 |
| Innis Meadow | 213 | 30 | 14 | 33 |
| Innis Meadow | 214 | 60 | 8 | 19 |

Table 9 Hits for Controls in the vicinity of Knowlan Lake

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Knowlan Lake | 227 | 60 | 7 | 30 |
| Knowlan Lake | 228 | 70 | 8 | 29 |
| Knowlan Lake | 229 | 70 | 4 | 28 |
| Knowlan Lake | 230 | 90 | 5 | 26 |
| Knowlan Lake | 232 | 90 | 5 | 27 |
| Knowlan Lake | 233 | 90 | 4 | 27 |

Table 10 Hits for Controls in the vicinity of Otter Lake

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Otter Lake | 223 | 20 | 6 | 19 |
| Otter Lake | 224 | 90 | 6 | 24 |
| Otter Lake | 225 | 90 | 6 | 25 |
| Otter Lake | 226 | 60 | 7 | 26 |

Table 11 Hits for Controls in the vicinity of Southern Edge of Map

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | :--- | :--- | :--- |
| South Edge | 121 | 40 | 1 | 22 |
| South Edge | 122 | 150 | 4 | 20 |
| South Edge | 124 | 130 | 4 | 26 |
| South Edge | 125 | 80 | 4 | 32 |
| South Edge | 126 | 140 | 10 | 38 |

Table 12 Hits for Controls En Route to Start/Finish

| GROUPING | Control | Value | Hits 8 Hr | Hits 24 Hr |
| :--- | ---: | ---: | ---: | ---: |
| Start/Finish | 139 | 20 | 46 | 32 |
| Start/Finish | 169 | 10 | 23 | 23 |
| Start/Finish | 175 | 50 | 46 | 52 |
| Start/Finish | 184 | 40 | 54 | 59 |
| Start/Finish | 208 | 20 | 15 | 21 |
| Start/Finish | 209 | 30 | 40 | 25 |
| Start/Finsh | 215 | 10 | 7 | 12 |

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